



Summer Newsletter 2023

SunnyNews

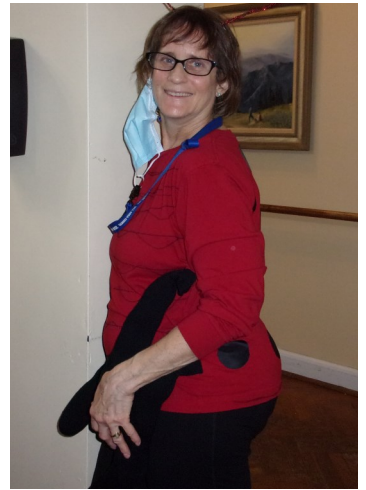
Back by Popular Demand!—2023 Family ‘Picnic’

- **When—Saturday, July 29th at 12pm**
- Where—Indoors in our Activity Center
- Who—Residents and their families
- What—Bring the family—kids, grandkids, etc. ‘Picnic’ lunch inside and kids activities.
- Why—Great opportunity to spend time with our Sunnymere family!

Sunnymere has been providing gracious living and a caring environment at affordable rates for seniors since 1939.

925 Sixth Ave., Aurora IL 60505 630-898-7844 — Sunnymere.com

A Note From The Executive Director

Greetings to all our Sunnymere residents and friends,

Can you believe it? 2023 is in full swing and summer is just around the corner. Gardens are planted, flowers are blooming, and the good weather means you will find more residents sitting outside watching the neighborhood come to life. Spring and summer are like that, full of hope and possibilities. It is my prayer that everyone makes the most of these days, building memories with your loved ones and appreciating the simple pleasures of summer.

The good news for 2023 is the COVID restrictions have been lifted from our lives. While COVID is still out there as a virus, its impact on communities across the country has been dramatically reduced. I am still asking families to be vigilant with their health and if you are feeling like you have a cold, please refrain from visiting Sunnymere until symptoms are clear. We all thank you for your care and understanding of our residents' safety.

We have one family event coming back to Sunnymere this summer, after what seems like a long hiatus: the Family Picnic. Yeah!!!!!!!!!!!!!!!!!!!!!! It has been scheduled for Saturday July 29th at 12 PM. Mark your calendars and join us for food, activities for the kids and fun.

I also wanted to take the opportunity to let you know there is an opportunity to get \$500 off one month's rent. We have a few rooms open and could use a little help getting the word out, if you refer someone to Sunnymere and they move in and live here for at least 4 consecutive months you will earn a \$500 credit toward rent; and who couldn't use a little break on the rent?

As always, we wouldn't be who we are without you, I so appreciate you choosing Sunnymere for your home. Enjoy the Newsletter.

Welcome to our newest Sunnymere residents!

Rosemary Kaletta



Jim Steves



Remembering

Sybil Bollinger

Mother of Sherry and Ricky., sister of our resident Teddy. Sybil and Teddy moved to Sunnymere in July 2021. Sybil was 93. She did enjoy living here. Her sense of humor and wit will be missed.



Zella McKittrick

Mother of Linda, Donna and Glenn. Zella lived 98 years, for the last almost 6 here at Sunnymere. Such a lovely lady. We were honored to care for her, and so enjoyed knowing her family.



Our condolences to their loved ones.

WELCOME TO THE SUNNYMERE CHANNEL

Each week, on **Sunnymere Channel 2**, you will find an array of interesting pieces of information. We give you our menu for the week, our activities, a bit of history, birthdays of famous people and a "Riddle of the Week". When our residents figure out the answer to the riddle, they tell Ruth or Judy and win a prize on Friday.

Great opportunity for families to watch together—see what's going on at Sunnymere, learn a little history...!



Our Residents Live Here for Years!

Joyce—12 ½ yrs

Virginia—8 yrs

Barb—7 ½ yrs

Mary Lu—6 ½ yrs

Clarette—6 ½ yrs

June R. —6 ½ yrs

Renell—6 years

Don D—6 yrs

Carl—4 yrs

Bill—4 yrs

Ron A—3 ½ yrs

David—3 ½ yrs

Pat B.—3 yrs

Wayne & Jane—2 ½ yrs

JD—2 ½ yrs

Ralph —2 ½ yrs

John—2 yrs

Teddy—2 yrs

Carlene—1 yr

June S.—1 yr

Ron N—1 yr

Shirley—1 yr

Beanie—1 yr

Moved in this
fiscal year

Jody

Don H

Rosemary

Jim

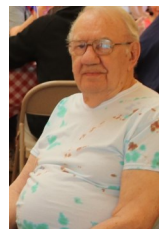
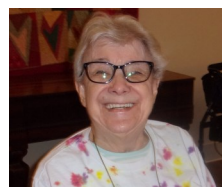
FAMILY PICNIC—SATURDAY, JULY 29th AT NOON.



For years, in the Spring or Summer, Sunnymere would hold a 'Family Picnic'. This was always a great chance to bring family members to spend time with Mom or Dad, grandparents, great-grandparents. Chef Larry would prepare a picnic style lunch (burgers, hot dogs, etc). And everyone had a good time.

And then Covid-19 came upon us. No family picnic in 2020, 2021 or 2022. But this year—finally—we can come together again.

Here are some photos from past years. We'd love to see your family this year.



Sunnymere provides Independent Living and Assisted Living. What is the Difference?

When a resident at Sunnymere is Independent, they can pretty much take care of themselves. They appreciate that we provide meals, housekeeping, laundry and social activities. Many take their meds without reminders, many shower without assistance.



Assisted Living residents need our help with daily activities, such as getting out of bed, getting dressed, taking their meds, toileting, getting to the dining room, bathing, etc. When they need to be cleaned up or changed, our staff is there.

When a resident needs more assistance, they do not have to 'move'. We just have more staff attend to them.

It is only when a resident needs more help than we can provide that they would need to move from Sunnymere to a Nursing Home.



RESIDENT COUNCIL

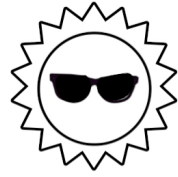
Did you know that Illinois and Federal laws want residents to meet as a council? **Illinois law requires all skilled and intermediate care facilities to have a resident council.**

At Sunnymere, the Council meets every other month. Pat B. is the chair, Virginia is the co-chair. June Meeting is 6/20.

Resident Council provides residents with the opportunity to voice their appreciation for things that are working well. Council also helps to point out weaknesses or items that need to be improved at Sunnymere. If you like something, tell us.. If you have an idea how to make something better, tell us! We're listening!



SUMMER



WORD SEARCH

A	R	E	F	J	E	T	R	I	S	U	M	M	E	R	M	I	S
U	S	E	S	T	O	R	Y	W	H	P	P	O	O	I	N	O	V
P	E	T	F	U	N	O	I	W	O	S	R	K	T	B	H	S	M
S	E	A	N	I	V	M	R	U	R	N	V	I	N	A	R	E	T
R	M	T	O	L	M	I	D	O	T	T	P	A	N	U	L	D	I
C	A	M	P	I	N	G	R	O	S	P	O	S	Y	K	R	M	Y
P	X	O	N	E	E	U	I	L	K	T	O	H	N	U	F	N	N
L	N	G	F	S	C	R	C	I	N	P	L	V	K	D	P	S	Z
E	J	A	S	U	D	G	U	H	B	L	H	O	T	Q	N	K	V
I	V	W	S	E	R	Y	M	Z	R	K	R	J	G	S	U	M	A
L	L	X	A	E	U	O	R	E	L	K	N	I	R	P	S	F	C
F	R	U	I	T	L	G	L	N	G	T	H	A	P	O	T	D	A
S	S	M	R	D	E	X	H	V	N	O	O	I	A	P	H	J	T
S	A	D	E	O	P	R	E	H	R	B	U	E	K	S	I	O	I
P	I	T	D	F	I	O	M	W	V	T	K	L	B	I	I	S	O
D	T	K	I	O	R	T	D	E	C	L	E	F	O	C	N	G	N
G	R	A	S	S	S	O	Y	A	L	P	I	S	S	L	S	G	N
U	V	U	T	C	N	S	L	E	M	O	N	A	D	E	N	H	I
S	F	I	U	T	P	F	O	I	L	O	N	E	O	W	Y	A	T
R	T	R	O	A	D	T	R	I	P	I	C	N	I	C	S	R	U

summer
pool
swimming
camping

fun
sun
grass
outside

hot
sprinkler
picnic
road trip

shorts
vacation
watermelon
play

fruit
hiking
popsicle
lemonade

RESIDENTS

June
 6/10-June S.
 6/11-June R.

July
 7/20—Clarette
 7/25—Patty L.

August
 8/6—Bill
 8/12—Carl
 8/21-Pat B.



STAFF

June
 6/15—Mike
 6/23—Yareli
 6/29—Samantha

August
 8/15—Mary B.
 8/20—Jennifer



People who have birthdays tend to live longer than those who don't.

HAPPY ANNIVERSARY

RESIDENTS

JUNE
 VIRGINIA—8 YEARS
 RENELL—6 YEARS
 BILL—4 YEARS
 RON N--1 YEAR
 JUNE S-1 YEAR

JULY
 CARLENE—1 YEAR
 TED—2 YEARS
 BEANIE—1 YEAR

AUGUST
 PAT B.—3 YEARS
 JOHN H.—2 YEARS
 SHIRLEY—1 YEAR

STAFF

JUNE
 KEVIN—7 YEARS
 JENNIFER C—1 YEAR

AUGUST
 JACKIE J—2 YEARS

Are you a Facebook person?
 If so, 'like' Sunnymere. You
 will see our latest posts,
 those residents celebrating
 birthdays and announcing
 upcoming events.



Find us on:
facebook®