

In-Kind Donations

This 'Evac Chair' was given to us in memory of Ron Anderson, by his sister, Janice Lindley. In fact, she donated two. In case of a power outage, staff can get residents safely down the stairs.



Susan Heath, daughter of former resident, Lucille Heath, donated several hand-knitted afghans for the residents to stay warm.

Several groups from East High did special events for our residents.

Floral Expressions in Oswego brought the residents fresh flowers.

Speaking of flowers, the Tuesday Garden Club came to Sunnymere and helped the residents create flower arrangements.

Quite a few residents were able to attend East High's Christmas Concert because the Aurora Township Youth Services donated their van to get them there. And the Key Club sponsored our visit and treated us to hot chocolate.

Ginny Murphy, daughter of Ron Nilges, donated several items that we raffled off to staff.

Staff from several Old National Bank branches volunteered at a Bingo afternoon, and even brought prizes.

Terry Bermes comes in every Wednesday to call Bingo. He is just great!!



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What's Happening

Better Access to Medical Care

For those residents who have difficulty getting to the doctor's office, we are looking at bringing on COMMUNITY PHYSICIANS, a physician management group that would visit residents here at Sunnymere and become their primary physician.



For more information, check out their website, www.cphysicians.org or contact Ruth.

MUSIC THERAPY



Older adults can especially benefit from listening to music, as it gives them an outlet for

creativity, socialization, and mental stimulation. It offers a gentle, joyful way to enhance well-being across many areas of life. Clinical studies have shown that regular music therapy can help slow cognitive decline and improve daily engagement

Tom Seidel and his talented children offer Music Therapy twice a month on Monday afternoons.

CHAIR YOGA



Chair yoga can be useful for older adults who have issues with balance or would like to improve their strength. Using a chair can help reduce the risk of falls and make the exercises easier for beginners.

Chair yoga is exactly what it sounds like: yoga that is performed while seated in a chair. Every pose, breathing exercise, or meditation is done while sitting down.

On Tuesday and Thursday mornings, we have a Yoga instructor coming in to lead chair yoga exercises.

Gingerbread Houses

Staff worked with residents to create their own Gingerbread Houses. Who knew JP was so good at this?

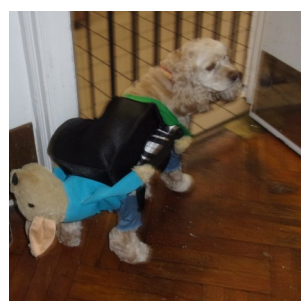
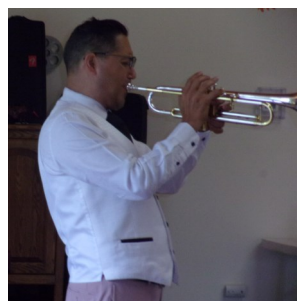


Grandparents Day



For the second year, Sunnymere joined other area non-profits for Grandparents' Day at the Santori Library downtown. Each organization provided information for the grandparents and activities for the kids. Ours was 'Make Your Own Leis' which turned out to be a lot of fun!

Happy Halloween!



HALLOWEEN

Loved the costumes!
So fun.

Hard to choose a winner in the Pumpkin Decorating Contest.

Enjoyed Frederica (aka Fred Cantu) entertainment at our Halloween Party.

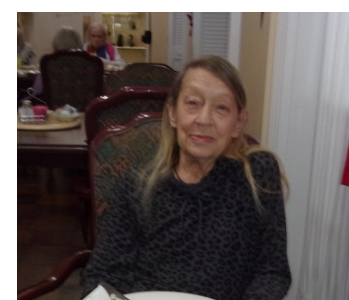
Thank you to Terry Bermes for joining us in his scary costume!



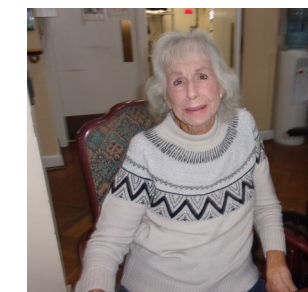
Welcome to our Newest Residents



Vadine G



Kathleen J

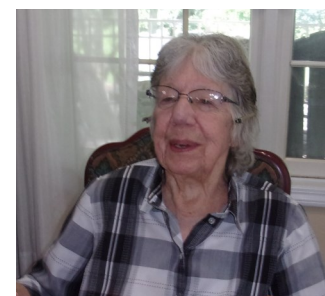


Margie B

Remembering

Shirley White

1937—2026



Mother of Don (wife Cindy), grandmother and great-grandmother. Shirley lived here 3+ years, made some good friends who became family! We will miss her.



Our condolences to her loved ones

WELCOME TO PARADISE

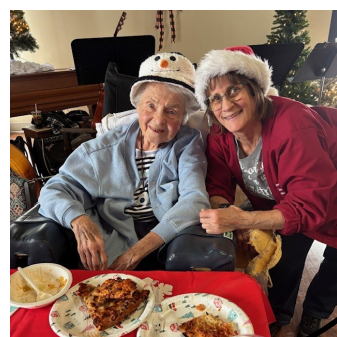


Sarah's
Smile
Illinois



Sunnymere is so fortunate that **SARAH'S SMILE OF ILLINOIS** chose Sunnymere to be the recipient of a Christmas Party once again. Complete with pizza, gifts and pictures with Santa, everyone had the best time.

A big thank you to all the volunteers and to everyone involved with Sarah's Smile for this gift of joy.



2025 FAMILY PICNIC

What a great family picnic we had back in the summer! With a Hawaiian theme, people wore their flowered shirts, complete with Leis. We enjoyed a delicious lunch (thank you, Larry) and danced to the music of Soundz of Time! We even got to 'Limbo'! A good time was had by all.





We are so grateful to all those supported our annual appeal/ Giving Tuesday. Your donations make it possible for us to continue doing everything we do for our residents. Many thanks to the donor who gave a large Matching Gift. We are now at almost \$34,000! Thank you!

Board Members

Charlie Sleezer
John Neuenkirchen
Tom Smith
Dr. Diane Homan
Michele Morgan
John Shaw
Suzanne Sterchi

Businesses

Artlip & Sons HVAC
Cannonball Mechanical Paul Buddy Heating & Plumbing
Buttrey Wulff Mamminga Insurance Agency

In Honor of Current Residents

Mary Lu Hoover by Steve Hoover, Mike Hoover, Barb Hoover & Jim Hoover
Jane & Wayne Lloyd by Carla Sager
David Lindimier by Sue Follman
Carlene Lindo by Carrie & Mark Lindo
June Raridon by Suzanne & Greg Sterchi
June Small by Judy Luke
Lu Torres by Pat & Barry Conlin
Shirley White by Cindy & Don White
Ruth Lukasik by Carol Whitledge
Anita Billen by Lori Turner
Andy Strama by Chris Harmsen
Jude Pomatto and Beets Head by Ericka & Jason Pomatto

Remembering Residents who have left us

Bob Buckley by Karen & Joe Richmond
Donald Hoover by Marti Hoover
Ron Anderson by Janice Lindley
Jody Zine
by Donna & Charlie Zine, Dorothy & Kim Bruhn, Kathy & Joe Zine, Kari & Rich Cotton, Matthew Zine
Joyce Gumm by Chris Gumm Sexton
Martha Limbrunner by the Limbrunner & Kelley Families
Renell Cozzi by Karen Cozzi Campbell
Zella Mckittrick by Linda & Rick Oros
Lloyd Lage by Lynn & James Schuett
Barb Deshich by Jackie Urso
Kevin Joseph by Donna Edwards
Lucille Heath by Mary Wolf
Bert Theobald by Nan Theobald
Betty Fielding by Dennis Hazelton
Judy Schuhow & Lalee Parke by Michelle & Tim Gerken
Mary Ann Jacobsen by Marilyn Jacobsen
Mary Muth, Mary Ann Jacobsen, Madelyn Schulte by Sharon Jakush
Marie Mathieu by Patricia Zwijac
Friends of Sunnymere
John P. Bryan
Alderman Ted Masiacos, 3rd Ward; City of Aurora
Cecelia Sanders

Sunnymere's fiscal year runs from June 1st to May 31st.
If you'd still like to give, we're happy to take your donations!